

Tender Heart High School, Sector 33-B, Chd.
Detailed Syllabus

Class-VII, Session – 2025-2026

English Language

Book: Collins English Grammar and Composition – 7

Friday Afternoon Comprehension and Composition – 7

1st Term

April	Verbs: Expressing the Present, Nouns, Pronouns, Informal Letter, Composition, Comprehension L – 1, 2 (Friday Afternoon).
May	Verbs : Expressing the Past, Verbs : Modals, Verbs : Finite and Non- finite Verbs, Transitive and Intransitive Verbs, Formal Letter, Notice Writing, Comprehension Passage L – 3, 4 (Friday Afternoon).
July	Active and Passive Voice, Subject Verb Agreement, Conjunctions, Idioms and Phrasal Verbs, Composition, Comprehension L – 5, 6 (Friday Afternoon).
August	Synonyms and Antonyms, Adverbs, Adjectives, E-mail writing, Comprehension L- 7, 8 (Friday Afternoon)
September	Revision.

2nd Term

October	Verbs: Expressing the Future, Direct and Indirect Speech, Determiners, Formal and Informal Letter, Comprehension L – 9, 10 (Friday Afternoon)
November	Prepositions, Phrases, Articles, Composition, Comprehension L – 11, 12 (Friday Afternoon)
December	Clauses, The Sentences, Types of Sentences : Structure and Meaning, Email Writing, Comprehension L – 13, 14 (Friday Afternoon)
January	Transformation of Sentences, Words Often Confused, Notice Writing, Comprehension L– 15, 16 (Friday Afternoon).
February	Revision

Literature in English

Book: Candid New Trends in English Reader - 7

1st Term

April	L – 1 Tom Whitewashes a Fence, L – 2 A Perfect Moment
May	L – 4 Pandora’s Box, L – 5 Preserving Our Habitats
July	L – 8 Grooming of a Boy, L -10 The Meaning of Milkha
August	Poems – Footprints in the Sand, How to Tell Wild Animals
September	Revision

2nd Term

October	L – 12 Julius Caesar, L – 13 Car - Splashing
November	L – 15 The Gift of the Magi, L – 16 The Fun They Had
December	L – 17 The Thief Story, L – 18 Winter Oak
January	Poems –Mama’s Hands, Balloon Seller
February	Revision

Hindi

पुस्तक : नवतरंग –7, वीवा–7 (ICSE पाठ्यक्रम पर आधारित हिन्दी व्याकरण)

प्रथम सत्र

अप्रैल	व्याकरण – पर्यायवाची शब्द, विलोम शब्द, पत्र, निबंध, अपठित गद्यांश।
	साहित्य – पाठ–1 वह दे”ा कौन–सा है (कविता), पाठ–2 हार की जीत (कहानी), पाठ–3 कुछ भारतीय त्योहार (निबंध)
मई	व्याकरण – मुहावरे, शुद्ध करो, अनेकार्थी शब्द, कारक, चित्रलेखन, लोकोक्तियाँ।
	साहित्य – पाठ–4 तीन प्र”न (कहानी), पाठ–5 अ”गेक की कलिंग–विजय (कविता)।
जुलाई	व्याकरण – पत्र, निबंध, विज्ञापन, वाक्य विचार, लिंग, वचन।
	साहित्य – पाठ–6 वृक्ष की गवाही (नाटक)।
अगस्त	व्याकरण – लोकोक्ति पर आधारित कहानी, अनेक शब्दों के लिए एक शब्द, डायरी (दैर्नंदिनी)।
	साहित्य – पाठ–8 मेरी माँ (पत्र)।
सितंबर	– दोहराई (अर्द्धवार्षिक परीक्षा)।

ਦਿੱਤੀਯ ਸਤਰ

ਅਕਟੂਬਰ	ਵਿਆਕਰਣ —	ਵਿਲੋਮ ਸ਼ਬਦ, ਪਰਿਆਯਵਾਚੀ ਸ਼ਬਦ, ਪਤਰ, ਨਿਬੰਧ, ਅਪਠਿਤ ਗਦਯਾਂ”।
	ਸਾਹਿਤ —	ਪਾਠ—9 ਪਥ ਦੀ ਪਹਚਾਨ (ਕਵਿਤਾ), ਪਾਠ—10 ਨਮਕ ਕਾ ਦਾਰੋਗਾ (ਕਹਾਣੀ)।
ਨਵੰਬਰ	ਵਿਆਕਰਣ —	ਅਨੇਕ ਸ਼ਬਦਾਂ ਦੇ ਲਿਓਂ ਏਕ ਸ਼ਬਦ, ਅਨੇਕਾਰਥਕ ਸ਼ਬਦ, ਪਤਰ, ਨਿਬੰਧ, ਸ਼ੁਦ੍ਧ ਕਰੋ, ਡਾਧਰੀ।
	ਸਾਹਿਤ —	ਪਾਠ—12 ਪਾਪਾ ਨੇ ਦੋ ਨਿਬੰਧ ਲਿਖੇ (ਸੰਸਮਰਣ), ਪਾਠ—13 ਸੂਰਦਾਸ ਦੇ ਪਦ (ਪਦ)।
ਦਿਸੰਬਰ	ਵਿਆਕਰਣ —	ਲਿੰਗ, ਵਚਨ, ਸੁਹਾਵਰੇ, ਲੋਕੋਕਿਤਯਾਂ, ਸਮਸ਼੍ਰੁਤਿ ਮਿਨ੍ਨਾਰਥਕ ਸ਼ਬਦ।
	ਸਾਹਿਤ —	ਪਾਠ—14 ਏਕ ਛੋਟੀ ਸੀ ਬਾਤ (ਹਾਸਯ ਕਥਾ), ਪਾਠ—15 ਸਿੰਗਾਪੁਰ ਦੀ ਯਾਤਰਾ (ਯਾਤਰਾ ਵ੍ਰਤਾਂਤ)।
ਜਨਵਰੀ	ਵਿਆਕਰਣ —	ਵਿਜ਼ਾਪਨ, ਲੋਕੋਕਿਤ ਪਰ ਆਧਾਰਿਤ ਕਹਾਣੀ, ਚਿਤਰਵਰਨ।
	ਸਾਹਿਤ —	ਪਾਠ—16 ਆਕਾ”I—ਗੰਗਾ (ਲੇਖ)।
ਫਰਵਰੀ	ਪੁਨਰਾਵ੍ਰਤਿ ।	
ਟਿਪਪਣੀ	— ਤਪਰਿਲਿਖਿਤ ਪਾਠਯਕ੍ਰਮ ਆਵਸ਼ਯਕਤਾਨੁਸਾਰ ਪਰਿਵਰਤਨੀਯ ਹੈ।	

Punjabi

Books – Punjabi Language - ਹੁਨਰ ਪੰਜਾਬੀ ਵਿਆਕਰਣ ਅਤੇ ਲੇਖ ਰਚਨਾਵਲੀ (4)
Punjabi Literature –ਸੁੱਚੇ ਮੋਤੀ ਪੰਜਾਬੀ ਪਾਠਮਾਲਾ (4)

First Term

April	-	Lang. ਪਾਠ-3 ਅੱਖਰ ਬੋਧ ਅਤੇ ਲਿਪੀ, ਪਾਠ-7 ਵਚਨ, ਅਰਜੀ/ਚਿੱਠੀ ਰਚਨਾ।
		Lit. ਪਾਠ-1 ਅਰਦਾਸ, ਪਾਠ-2 ਖਰਗੋਸ਼ ਦੀ ਸਿਆਣਪ
May	-	Lang. ਪਾਠ-5 ਨਾਂਵ, ਲੇਖ ਰਚਨਾ, ਅਰਜੀ, ਚਿੱਠੀ ਰਚਨਾ।
		Lit. ਪਾਠ-4 ਨੋਬਲ ਪੁਰਸਕਾਰ ਜੇਤੂ-ਕੈਲਾਸ਼ ਸਤਿਆਰਥੀ, ਪਾਠ-5 ਕਾਂ ਅਤੇ ਚਿਤੀ
July	-	Lang. ਪਾਠ-13 ਵਿਰੋਧੀ ਸ਼ਬਦ, ਪਾਠ-16 ਮੁਹਾਵਰੇ (1-25)
		Lit. ਪਾਠ-6 ਪਛਤਾਵਾ, ਪਾਠ-7 ਸੱਤਵਾਦੀ ਰਾਜਾ ਹਰੀਸ਼ਚੰਦਰ।
August	-	Lang. ਪਾਠ-15 ਸੁੱਧ-ਅਸੁੱਧ (80-81), ਅਰਜੀ, ਚਿੱਠੀ, ਲੇਖ ਰਚਨਾ।
		Lit. ਪਾਠ-8 ਮੈਟਰੇ ਰੇਲ, ਪਾਠ-9 ਛੋਟੇ ਸਾਹਿਬਜ਼ਾਦੇ।
September	-	Half Yearly Examination

Second Term

October	-	Lang. ਪਾਠ-6 ਲਿੰਗ ਬਦਲੀ, ਪਾਠ-15 ਸੁੱਧ-ਅਸੁੱਧ (81-82)
		Lit. ਪਾਠ-10 ਤਾਨਸੈਨ ਅਤੇ ਬੈਜੂ, ਪਾਠ-11 ਪਾਣੀ ਹੈ ਅਨਮੋਲ ਉਪਹਾਰ
November	-	Lang. ਪਾਠ-14 ਬਹੁਤੇ ਸ਼ਬਦਾਂ ਦੀ ਥਾਂ ਇੱਕ ਸ਼ਬਦ, ਪਾਠ-12 ਸਮਾਨਾਰਥਕ ਸ਼ਬਦ
		Lit. ਪਾਠ-12 ਜਾਇਦਾਦ ਵੰਡ, ਪਾਠ-13 ਸਕੂਲ ਦਾ ਸਲਾਨਾ ਸਮਾਰੋਹ
December	-	Lang. ਪਾਠ-16 ਮੁਹਾਵਰੇ (26-45), ਲੇਖ, ਅਰਜੀ, ਚਿੱਠੀ ਰਚਨਾ।
		Lit. ਪਾਠ-15 ਫਲਾਇੰਗ ਸਿੱਖ – ਮਿਲਖਾ ਸਿੰਘ
January	-	Lang. ਚਿੱਠੀ, ਰਚਨਾ, ਅਰਜੀ।
February	-	Lang. ਲੇਖ, ਅਰਜੀ, ਚਿੱਠੀ ਰਚਨਾ।
		Lit. ਪਾਠ-18 ਲਾਲ ਕਿਲ੍ਹਾ।

Mathematics

Book: Foundation Mathematics (R.S. Aggarwal)

1st Term

April	Ch – 1 Integers, Ch – 2 Fractions, Ch – 3 Rational Numbers
May	Ch – 5 Exponents, Ch – 7 Ratio and Proportion, Ch – 16 Fundamental Geometry Concepts
July	Ch – 14 Decimals, Ch – 17 Lines and Angles, Ch – 24 Data Handling
August	Ch – 8 Unitary Method, Ch – 9 Percentage, Ch – 13 Algebra Expressions,
September	Revision

2nd Term

October	Ch – 18 Properties of Triangles, Ch – 14 Linear Equations, Ch – 22 Construction
November	Ch – 10 Profit and Loss, Ch – 11 Simple Interest, Ch – 12 Speed, Distance and Time
December	Ch – 21 Congruence, Ch – 23 Mensuration, Ch – 25 Probability
January	Ch – 6 Sets, Ch – 19 Symmetry, Ch – 20 Representing 3-D in 2-D
February	Revision

Physics

Book: Concise Physics (Selina) – Middle School (For Class VII)

1st Term

April	Ch – 1 Physical Quantities and Measurement
May	Ch – 2 Motion
July	Ch – 3 Energy
August	Ch – 3 Energy (Continued)
September	Term Examination

2nd Term

October	Ch – 4 Light Energy
November	Ch – 4 Light Energy (Continued)
December	Ch – 5 Heat, Ch – 6 Sound
January	Ch – 7 Electricity and Magnetism
February	Revision

Chemistry

Book: Concise Chemistry (Selina)

1st Term

April	Ch – 1 Matter and Its Composition
May	Ch – 2 Physical and chemical Changes
July	Ch – 3 Elements, Compounds and Mixtures
August	Ch – 4 Atoms, Molecules and Radicals

2nd Term

October	Ch – 5 The Language of Chemistry
November	Ch – 6 Metals and Nonmetals
December	Ch – 7 Air and Atmosphere
January	Revision
February	Revision

Biology

Book: Concise Biology 7 Selina

1st Term

April	Ch – 1 Plant and Animal Tissues
May	Ch – 1 (Continued), Ch – 2 Classification of Plants
July	Ch – 2 (Continued), Ch – 3 Classification of Animals
August	Ch – 3 (Continued) Revision for 1 st Term Examination
September	1 st Term Examination

2nd Term

October	Ch – 4 Photosynthesis and Respiration
November	Ch – 5 Excretion
December	Ch – 6 Nervous System
January	Ch – 7 Allergy
February	Revision for Final Term Examination
March	Final Term Examination

History & Civics

Book: History and Civics 7 Prachi

1st Term

April	Ch – 1 Medieval Europe - Rise and Spread of Christianity, Ch – 2 Rise and Spread of Islam
May	Ch – 3 The Turkish Invasion, Ch – 1 The Constitution of India (Civics)
July	Ch – 4 The Delhi Sultanate I, Ch – 5 The Delhi Sultanate II
August	Ch – 6 The Delhi Sultanate III
September	1 st Term Examination

2nd Term

October	Ch – 7 The Vijayanagara and Bahmani Kingdom, Ch – 8 The Mughal Empire,
November	Ch – 9 Akbar the Great, Ch – 10 Jahangir and Shah Jahan
December	Ch – 11 Aurangzeb and His Deccan Policy – Decline of the Mughal Empire
	Ch – 2 Directive Principles of State Policy (Civics)
January	Ch – 12 Making of Composite Culture
February	Revision
March	Final Examination

Geography

Book: A Textbook of Geography by Veena Bhargava (Class 7)

1st Term

April	Ch – 1 Representation of Geographical Features, Ch – 8 Africa – Location, Political Divisions and Physical Features
May	Ch – 3 Weather and Climate, Ch – 7 Europe – Location, Political Divisions and Physical Features
July	Ch – 4 Weathering and Soil Formation
August	Revision
September	1 st Term Examination

2nd Term

October	Ch – 2 Atmosphere, Ch – 10 Antarctica
November	Ch – 5 Industries
December	Ch – 9 Australia – Location, Political Divisions and Physical Features
January	Ch – 6 Energy and Power Resources
February	Revision

Computer

Book: Logix (1.02) 7 (Kips)

1st Term

April	Ch – 1 Hardware Components, Ch – 2 Number System
May	Ch – 2 Number System, Ch – 3 Computer Virus
July	Ch – 4 Ethics and Safety Measures
August	Ch – 4 Ethics and Safety Measures – Worksheet-1, Worksheet-2
September	Revision

2nd Term

October	Ch – 5 Introduction to Spreadsheet
November	Ch – 6 More features of Spreadsheet
December	Ch – 7 Introduction to DBMS Ch – 8 Advanced Features of HTML
January	Ch – 8 Advanced Features of HTML (Practicals)
February	Revision

General Knowledge

Book: Knowledge Pod -7

1st Term

April	Unit-1 Me and My World
May	Unit-2 General Science
July	Unit-3 Plants and Animals
August	Unit-4 My India
September	Revision

2nd Term

October	Unit-5 Language and Literature
November	Unit-6 Sports Time
December	Unit-7 Brain Time
January	Unit-8 Extra Dose
February	Revision